

Annex A: Indications for Cancer Screening Tests

Screening Tests for Cancer	Indication/s to note during FPE and Consultations	Frequency
Mammogram and/or breast ultrasound	• Profile: . Female, 50 to 69 years old, all cases . Female, 40 to 49 years old identified as high risk. Risk factors: with family history or previous history of breast cancer.	• Every 2 years for individuals aged 40 to 49 years old • Every year starting 50 years old
Low dose chest CT scan	• Profile: ➢ 50 years old and above and with Risk factors: smoker or used to smoke; with family history of lung cancer	• Every year
Colonoscopy	• Profile: ➢ 50 years old and above or • Risk factors: ➢ family history, underlying condition (e.g., inflammatory bowel disease) With • Results of FIT or FOBT ➢ Positive test results	• Every 10 years
Alpha fetoprotein test and Liver ultrasound	• Risk factors: ➢ hepatitis B or C infection, heavy and prolonged alcohol consumption, cirrhosis, diabetes, non-alcoholic fatty liver disease, or inherited metabolic diseases	• Every 6 months